

# YOUNG ADULT COMMUNITY RESOURCES

## CANTON SITE OFFICE

### VISION

*Mental health is an essential part of health care. The Massachusetts Department of Mental Health, as the State Mental Health Authority, promotes mental health through early intervention, treatment, education, policy and regulation so that all residents of the Commonwealth may live full and productive lives.*

### MISSION STATEMENT

*The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities. The Department establishes standards to ensure effective and culturally competent care to promote recovery. The Department sets policy, promotes self-determination, protects human rights and supports mental health training and research. This critical mission is accomplished by working in partnership with other state agencies, individuals, families, providers and communities.*



### CANTON SITE OFFICE

Department of Mental Health  
Donovan Building  
5 Randolph Street  
Canton, MA 02021  
Phone: (781)401-9700  
Fax: (781)401-9721

### Massachusetts Rehabilitation Commission (MRC)

MRC helps individuals with disabilities to live and work independently. MRC is responsible for Vocational Rehabilitation, Community Living and eligibility determination for the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) federal benefits programs.

<https://www.mass.gov/orgs/massachusetts-rehabilitation-commission>

600 Washington Street Boston, MA 02111 (617) 204-3600  
220 Forbes Road Braintree, MA 02184 (781) 356-8840  
463 Worcester Rd # 305 Framingham, MA 01701 (508) 370-4700

### Recovery Learning Communities (RLC)

RLCs are consumer-run networks of self-help/peer support, information and referral, advocacy and training activities, as well as offering dual recovery groups.

[www.mass.gov/eohhs](http://www.mass.gov/eohhs)

85 E. Newton Street Ground Floor. G11 Boston, MA 02118 (617)305-9976  
460 Quincy Ave. Quincy, MA 02169 (617)472-3237  
60 Hodges Avenue, Gifford Building #127 Taunton, MA 02780 (508)977-3127

### Clubhouse

<https://www.massclubs.org/massachusetts-clubhouses/>

The Riverside Clubhouse model offers people with mental illness hope and opportunities to achieve their full potential through employment and recovery.

<http://www.neponsetriverhouse.org/>

Neponset River House: 595 Pleasant Street Norwood, MA 02062 (781)762-7075

<http://www.elliouhouse.org/>

Elliot House: 255 Highland Avenue Needham, MA 02494 (781)449-1212

### Outpatient Clinics

Riverside Community Care: <http://www.riversidecc.org/>  
64 Eldredge Street Newton, MA 02458 (617)969-4925  
190 Lenox Street Norwood, MA 02062 (781)769-8670  
30 Eastbrook Road, Suite 302 Dedham, MA 02026 (781)329-4579

Advocates: <https://www.advocates.org/>

354 Waverly St, Framingham, MA 01702 (508) 661-2020  
675 Main St, Waltham, MA 02451 (781) 893-5110

### More Than Words (MTW)

MTW is a youth led online and retail bookstore(s) that provides paid employment for youth (ages 16-24) to prepare for meaningful jobs and college! We support youth to develop and implement plans for the future including education, housing and career plans.

<https://www.mtwyouth.org/>

56 Felton Street Waltham, MA 02453 (781)788-0035

### Transition Resources and Community Supports (T.R.A.C.S.)

TRACS offers opportunities for young adults (ages 16-25) to seek employment through workshops, social events, and our Photovoice, Stepping Stones, and Successful Employment Program, as well as connecting members with mentors/peers who have shared similar experiences and can provide first-hand advice on overcoming challenges, gaining independence, and achieving success.

460 Quincy Ave. Quincy, MA 02169 (617)689-2537

[www.ssmh.org/providers\\_yat\\_ls.htm](http://www.ssmh.org/providers_yat_ls.htm)

### Riverside Community Care Emergency Services

24-hour access number (800)529-5077

Crisis center: (781)769-8670

Text line: text START to 741-741

A service specifically available to young people ages 13-25

## **Children's Behavioral Health Initiative (CBHI)**

Riverside operates Community Service Agencies (CSAs) that provide Intensive Care Coordination, In-Home therapy, Therapeutic Mentoring and Peer Support. These services are for youth under the age of 21, with social emotional needs, who are enrolled in MassHealth Standard or CommonHealth. Anyone may refer to the Community Service Agency with the consent of the guardian.

For more information, or to make a referral, please call us toll free at 877-869-3016.

<http://www.riversidecc.org/child-family-services/care-coordination-services-csa/>

---

## **Peer & Parent Support**

Wayside Peer Services

88 Lincoln St, Framingham, MA 01702

Phone: 508-469-3235 or email: [Irene\\_Roche@waysideyouth.org](mailto:Irene_Roche@waysideyouth.org)

MSPCC – Connecting Parents Program offers support, education and resources to help parents manage the challenges of raising children who are coping with mental health concerns. Groups are offered at the following locations:

Canton Library – Art and Activities Room, 786 Washington Street, Canton, MA (Mondays 6:30-8:30pm)

Westwood Library – Conference Room, 660 High Street Westwood, MA (Tuesdays 10:00am-noon)

Walpole Library – Children's Activity Room, 143 School Street Walpole, MA (Fridays 10:00am-noon)

West Suburban YMCA – Computer Room, 276 Church Street Newton, MA (10:00am-noon)

For more information contact Betty Wagner at [BWagner@mspcc.org](mailto:BWagner@mspcc.org) or (617) 983-5803 or <http://www.mspcc.org/connecting-parents/>

---

## **LGBTQ**

The mission of Fenway Health is to enhance the wellbeing of the lesbian, gay, bisexual and transgender community and all people in our neighborhoods and beyond through access to the highest quality health care, education, research and advocacy.

1340 Boylston Street Boston, MA 02215 (617)267-0900

<http://fenwayhealth.org/>

---

## **Massachusetts Coalition for the Homeless**

If you are experiencing homelessness or are at imminent risk of homelessness, please click on the links below:

<http://www.mahomeless.org/get-help>

To find a food pantry or free meal program, call Project Bread's FoodSource Hotline: 1-800-645-8333

[www.projectbread.org](http://www.projectbread.org) or [www.massresources.org/food-pantries.html](http://www.massresources.org/food-pantries.html)

---

## **Transportation**

Massachusetts Bay Transportation Authority (MBTA)

To find out more about reduced fares for people with disabilities, visit the link below and scroll to "Persons with Disabilities"

[www.mbta.com/fares\\_and\\_passes/reduced\\_fare\\_programs/](http://www.mbta.com/fares_and_passes/reduced_fare_programs/)

Regional Transit Authorities (RTA)

Contact your RTA to find out if they offer reduced fares for people with disabilities.

[www.massdot.state.ma.us/transit/RegionalTransitAuthorities.aspx](http://www.massdot.state.ma.us/transit/RegionalTransitAuthorities.aspx)

The RIDE provides door-to door transportation to eligible people who cannot use general public transportation all or some of the time, because of a physical, cognitive or mental disability

[www.mbta.com/riding\\_the\\_t/accessible\\_services](http://www.mbta.com/riding_the_t/accessible_services)

GATRA: 10 Oak Street Taunton, MA 02780 (508)823-8828

<http://www.gatra.org/index.php/special-services/senior-disabled/>

---

## **Department of Transitional Assistance**

DTA administers benefits such as the Supplemental Nutrition Assistance Program/SNAP,

Transitional Aid to Families with Dependent Children (TAFDC), and Emergency Aid to the Elderly, Disabled and Children (EAEDC).

[www.mass.gov/dta](http://www.mass.gov/dta)

---

## **Social Security Administration**

For more information, you can call Social Security's toll-free number: 1-800-772-1213 or call one of the following

Work Incentives Planning and Assistance (WIPA) Programs in Massachusetts:

BenePLAN provides comprehensive benefits assessment, planning, and assistance to Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries, their families and service providers in Massachusetts.

Toll Free: 1-877-YES-WORK (937-9675) or visit our website at [www.beneplan.org](http://www.beneplan.org)

---

## **Health Insurance**

To find a health insurance plan for you, visit the Health Connector website: [www.mahealthconnector.org](http://www.mahealthconnector.org)

For more information about health coverage, insurance, and how to apply, call the Health Care for All Help Line at

1-800-272-4232 or visit their website: [www.hcfama.org](http://www.hcfama.org)

<https://www.mass.gov/how-to/apply-for-masshealth-the-health-safety-net-or-the-childrens-medical-security-plan>